

LOTIONS, POTIONS & ME

SEEKING OUT NON CLICHÉ TRUTHS FOR WOMEN OF COLOUR...

WEDNESDAY, 24 FEBRUARY 2010

#74 Inlight Organic Skin Care Review



I was recently sent some skincare products from Inlight Organic Skincare which I have been using for the last month or so to see how they work. The skincare line was developed by Dr Mariano Spiezia a medical doctor, homeopath and herbalist with over 30 years of scientific research to his name. The brand is certified by the Soil Association and is 100% organic and wholly plant based.

First up is the Inlight Organic Face Cleanser which they describe as a deep skin cleanser with a mild exfoliant action which removes the outer layer of dirt and dead cells.

I was quite keen to try it as I have discovered I have a new love for oil based cleansers especially at night time when I feel like I have some spare time and really want to remove all my makeup and give my based a good massage. It looks like a cross between a balm/oil and is packed full of highly nourishing oils such as Coconut, Jojoba, Evening Primrose, Shea Butter and Olive oil as



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well as a particular blend of essentially oils such as lemon, green tea, ginger and lavender. I found that it deeply cleansed my face but unlike some other deep cleansers I have used in the past it didn't leave it feeling dry or irritated. A good thing to note with this cleanser is that unlike a lot of other oil cleansers it doesn't emulsify with water so after you have massaged it into your skin you need to remove it either using a muslin cloth or damp cotton wool. I initially wasn't too pleased that it didn't emulsify but after a few days I found that my skin seemed to prefer this method, It might just be that it loves the extra layer of nourishment that it leaves behind. Another thing I found is that because of some of the essential oils that it contains, I think it's slightly more astringent than other oil cleansers I have used in the past, but I really liked this about it, as it worked perfectly for my combination skin leaving it feeling moisturised but clean. It retails at £24



I also tried out the Floral Face Tonic which is a blend of fragrant floral waters such as rose, lavender, grapefruit and chamomile. It has a very interesting smell and to me it smells more herbal than floral but I love that it is alcohol free and it helped to freshen and tone my skin without drying it out. It retails at £18

For further information or to purchase any products check out their website at www.inlight-online.co.uk

POSTED BY LOTIONSPOTIONSANDME AT 10:01

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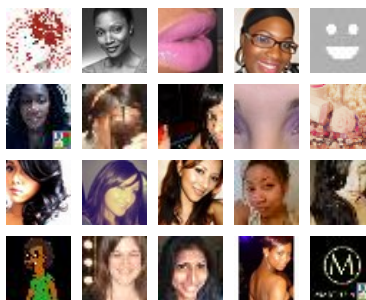
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[#74 Inlight Organic Skin Care Review](#)

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[#71 Sam Fine: The Basics of Beauty](#)

[#70 Bobbi Brown Tinted Eye Brightener](#)

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[#68 A NARS beauty state of mind : The Orgasm Illum...](#)

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ABOUT ME



LOTIONSPOTIONSANDME

Welcome to Lotions, Potions & Me. I'm a self confessed beauty

lover and buyer and my blog details my latest thoughts on beauty, beauty and beauty! It will also include information on style, product reviews, news and interviews as well as topics, products and ranges that relate specifically to women of colour. Rather than it being a completely self-indulgent exercise in me, I'm planning to provide information, tools and tips that actually work and help. Please do subscribe to get a regular beauty burst and feel free to email me at lotionspotionsandme@gmail.com with any comments or questions you may have. I am also always on the look out for new products, treatments, cosmetics and beauty treatments, so please do drop me an email or press release if you have something you think I would like to review. Xoxo

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[Accessorize \(1\)](#)

[Adrian Lester \(1\)](#)

[Alison Cameron Makeup \(2\)](#)

[Anna Wintour \(1\)](#)

anti tan gel (1)
Aromatherapy Associates (2)
asian skin (1)
Audrey Tautou (1)
Azzi Glasser (1)
B Never Too Busy to be Beautiful (1)
Bag Spy What's in Your Bag (8)
Bare Escentuals (1)
Bare Minerals (1)
Beauty (1)
Beauty Counters (1)
Becks Buki (3)
Beverley Knight (1)
Bio oil (1)
Biore (1)
black and asian skin (1)
Black hair (1)
Bliss (1)
Bliss Steep Clean Cleansing Milk (1)
Bobbi Brown (5)
Bobbi Brown Hot Cocoa (1)
Bobbi Brown Skin Foundation SPF 15 (1)
boots no 7 (1)
Bourjois (1)
Brandy (1)
buy my wardrobe (1)
By Terry (1)
Cat on A Hot Tin Rod (1)
Caudalie (1)
Chanel (2)
Chanel Fragrance Bar (1)
chanel no 5 (1)
Chris Rock (1)
Clarins Beauty Flash Balm (1)
Clarins hand cream (1)
Clinique (3)
Coastal Scents (1)
Conditioner (1)
coral (1)

cosmetics (1)
Court (1)
Cover Up (1)
Creme Mask (1)
dark skin (1)
Darphin (4)
Darphin' Aromatic Cleansing
Balm with Rosewood (1)
Decleor (1)
Dermalogica (3)
Dior (1)
Dita Von Teese Beauty Book (1)
Dr Nick Lowe (2)
Egyptian magic (1)
Espa (2)
Essie (1)
Estee Lauder (2)
Eve Lom (1)
Evening Standard (1)
face cleanser (2)
Face Scrub (1)
face wash (1)
facial (1)
Fashion (3)
Fashion's Night Out (1)
Film (1)
Foundation (1)
Frizz-Ease (1)
gappy teeth (1)
garnier sheer protect spf 30 (1)
Giorgio Armani (1)
Good Hair (1)
Green Peel (1)
Hair (1)
Herbal Green Peel (4)
Intensive Moisturising treatment (1)
Jemma Kidd ultra soft cleansing
wipes (1)
jml (1)
John Frieda (1)
Jurlique (1)

K By Beverley Knight (2)
Kal Kaur Rai (1)
keep fit (1)
Kitagawa Utamaro (1)
L'Oreal Made for me naturals (1)
La Facelift (2)
La Geneve North (1)
la metier beaute (1)
Lancome (1)
Laura Mercier (1)
Laura Mercier Secret Camouflage (1)
linda meredith (1)
Loreal (1)
lotionspotionsandme (7)
Mac Ambering rose Blush (2)
Mac Ample Pink Plushglass (1)
Mac Browset (1)
Mac Cosmetics (3)
Mac Cosmetics paint (1)
Mac Fix Plus Spray (1)
Mac Studio Fix NW45 (1)
make up (2)
make up remover (1)
Makeup (2)
Marion Coutillard (1)
masacra (1)
nail varnish (2)
Nars (5)
New York Times (1)
Nude Skincare (1)
Olay (2)
Ole Henriksen (1)
Origins Modern Friction (1)
ped egg (1)
pedicure (1)
Phillip Kingsley Elasticizer (1)
Powder Lounge (1)
prescriptives (2)
Rag and Beau (1)
Review (1)
ReVive (1)

rimmel (1)
Rodial (2)
scarring (3)
Selfridges (2)
Shampoo (1)
Shu Uemura (2)
sleek blusher (1)
summer feet (2)
sun protection (2)
sunscreen (1)
Tanielle Lobo (3)
The IceCreamist (1)
The Lady Noire Affair (1)
Tinted Moisturiser (1)
tk maxx (1)
Topshop (1)
total core (1)
Tyra Banks (2)
Uzuri natural beauty (1)
Vanessa Blake (1)
Vaseline (1)
Vogue The September Issue (3)
volume effect YSL (1)
VV Brown (1)
wii (1)
women of colour (6)
YSL Beaute (1)

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