

in your store

DISCOVER THESE PRODUCTS IN YOUR LOCAL HEALTH FOOD STORE NOW

Bursting with antioxidants



CherryActive Concentrate is bursting with health-promoting antioxidants, which scientists suggest help slow the ageing process, help maintain healthy immune function and help keep you active and healthy. A recent study showed just one 30ml shot of CherryActive has greater antioxidant power than 20 average fruit'n'veg portions! Mix

CherryActive Concentrate with water to make a delicious cherry juice or add to a favourite fruit juice, smoothie or natural yoghurt. A great way to get one of your Five-A-Day! Available at your local health food store.

Product by: **CherryActive**

Information: www.cherryactive.co.uk

Putting the spring back in your joints!

INLIGHT joint-easy is a dynamic mix of 100% organic herbs, root extracts and oils valued and used for centuries to ease inflamed joints & muscles. Joint-easy's specially selected ingredients include rosemary, ginger, meadowsweet and turmeric – all well known for their powerful anti-inflammatory & health-boosting benefits – not to mention frankincense, a spectacular aromatic resin with a long history of traditional use for inhibiting inflammation of cartilage. All INLIGHT cosmetics are 100% organic. INLIGHT JOINT-easy balm 45ml, £13.20 RRP.

Product by: **Inlight Cosmetics**

Information: www.inlight-online.co.uk



3-in-1 nutritional drink for your joints

Ideal for those with an active life who demand a lot from their joints and arthritis sufferers this drink combines Collagen Hydrolysate 7500mg, Glucosamine Sulphate 1000mg & Chondroitin Sulphate 800mg. Collagen Plus is a unique supplement which provides the optimum levels of these vital ingredients for joint maintenance. "From the age of 25 collagen levels reduce at about 1.5% every year. This contributes to skin losing its elasticity, hair and nails becoming brittle and a general stiffening of joints. By the age of 45 collagen levels have reduced by up to 30%". Product Code: 11385.



Product by: **Arthrovite**

Information: www.arthrovite.com

Winter Wellness

The Comvita Winter Wellness Range is formulated to help support your immune system's response. Propolis and UMF® Active Manuka Honey are the key ingredients, giving your family year-round



powerful and effective natural healthcare. Included in the range is the original Comvita formulated Propolis Herbal Elixir, as well as the increasingly popular Manuka Honey Syrups and Propolis Throat Lozenges. The Comvita Winter Wellness range has your winter needs covered! Also don't forget about the Comvita Children's Winter Wellness range of Children's Lemon & Honey Elixir and Children's Natural Lollipops combining the power of propolis with the soothing action of UMF® 10+ Active Manuka honey.

Product by: **Comvita**

Information: www.comvita.co.uk



Try a Power Snack

Bored with the usual rice and oat cakes? Then try Power Snacks by Conscious Food, a new range of healthy naturally gluten-, wheat- and dairy-free but not taste-free snacks. A range of 5 savoury and 6 sweet snacks they are all made to traditional Indian recipes and then baked not fried. No additives, preservatives, yeast, baking agents or oil – just pure, natural ingredients hand made with love and care. Many snacks feature different varieties of millet: an ancient grain that is alkalisng and high in protein and are sweetened with palm molasses, an Ayurvedic sweetener high in vitamins and minerals.

Product by: **Conscious Food**

Information: www.consciousfood.co.uk