

# top picks

IN YOUR HEALTH FOOD STORE



## Oy! for natural make-up that rocks!

Forget the gunk, junk and chemical nasties of traditional make up, which can play havoc with young skin by encouraging spots and pimples. Rock up with the first-ever teen range of certified mineral make-up, Oy! designed by the organic experts at Green People. Mineral make-up is great for young skin as it does not block pores, a cause of acne and white/blackheads, it conceals imperfections and shine, while minerals reflect light for a flawless finish. So a gorgeous complexion is just one step away. This fresh new range is utterly free from the harmful synthetic chemicals found in many high street brands and is certified natural and organic by Ecocert. Available from your local health food store.

Product by: Green People

Information: [www.greenpeople.co.uk](http://www.greenpeople.co.uk)



## Organic rescue for baby's sore skin

100% organic and completely plant-based Inlight's ecz-easy balm is a powerful, naturally anti-inflammatory formulation of highly moisturising and soothing herbal oils (olive, castor) combined with oils so naturally rich in Vitamin E ( $\alpha$ -tocopherol) and antioxidants (evening primrose, jojoba, sunflower),  $\beta$ -carotene (carrot oil) and in particular black cumin seed oil with its high levels of essential fatty acids  $\omega$ -6 and  $\omega$ -3 and more than 100 other beneficial constituents. Free from synthetic chemicals, ecz-easy balm is more than purely safe, it is the perfect soothing nourishment for young, delicate skin.

Product by: Inlight Cosmetics

Information: [www.inlight-online.co.uk](http://www.inlight-online.co.uk)



## Helios creams in tubes

Produced using the finest quality organic tinctures, essential oils and other completely natural plant based ingredients, Helios creams in tubes are formulated to soothe a wide range of complaints from bruises to eczema and are gentle enough for the most delicate skin. Free from lanolin, artificial preservatives and petroleum derivatives the creams are packed in 30g tubes and are available in the following formulations – Arnica; Aesculus, Hamamelis & Paeonia; Calendula; Graphites & Calendula; Hypericum & Calendula; Rhus Tox & Ruta; Tea Tree; Urtical.

Product by: Helios Homeopathy Ltd

Information: [www.helios.co.uk](http://www.helios.co.uk)

## Nourishing, gentle and repairing

An alternative to steroidal treatments, Honey New Zealand's Intensive Skin Repair Cream is nourishing, gentle and repairing for young or sensitive skin. An intensive moisturising treatment enriched with UMF 16+ Manuka honey, Vitamin E and Olive Oil in a none staining cream that provides essential moisture without being sticky or greasy. Applying to the skin it is suitable for all ages and conditions such as: eczema, cradle cap, dermatitis, cracked skin and grazes. Look for other products in the UMF Manuka Skincare range such as Fungal Ease Gel, Hand and Nail Cream, Lip Balm & Blemish Cream.



Product by: Honey New Zealand

Information: [www.honeynz.co.nz](http://www.honeynz.co.nz)

## Soft and rash-free

Maria Pedersen talks about her experience with Buds Cherished Organics: "My daughter Emma started getting rashes behind the backs of the knees and elbows at five months old causing great discomfort for her and me. I didn't want to use a medicated cream on her delicate skin, so I tried Buds Cherished Organics 'Happy Baby Cream'. Within three days the rash cleared up and I truly had my own 'Happy baby' back. Using a dab of this magic cream on her everyday keeps her skin soft and rash free". Buds Cherished Organics 'Happy Baby Cream' is available at your local health food store.



Product by: Buds Cherished Organics

Information: [www.budsbaby.co.uk](http://www.budsbaby.co.uk)