BEAUTY & THE DIRT

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Weekly episodes of The Ricky Gervais Show can be downloaded from www.podtv.co.tv and http://bit.ly/UrpCA the day after the TV show pp
1 hour ago

@Radiomichael I was way too compromised in that tweet to make sense. Rich companies can afford to push products as having hero status pp
1 hour ago

@Chewing_The_Fat @Zoelouin writes about hair on her blog pp
2 hours ago

Vote

We're Off! My Vote Goes To

- Samantha Cameron
- Sarah Brown
- Miriam Gonzales (ha ha fair)

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Quote of the day

"The only place where success comes before work is in a dictionary."

Vidal Sassoon

Handpicked Media

Local Food Advisor
Miss Worthy
Queens of Vintage
Product Placement
Mum's Rock
The Good Web Guide
Chrissy Ray
Beauty Woo Me
Foodari
Londonist
The Makeup Mole
Rachael Rogs
Beauty Junkie London
Cult Beauty

On The Spot

Inlight acn-easy

Acne? Not funny. Adult Acne? Even less so, and yet studies show that facial acne crops up on the faces of 54% of women older than 25. According to our friends at Inlight, factors such as genetics, hormonal imbalance and food intolerances can all be to blame.

Cleansing your skin comes top of the prevention chart, along with a healthy diet and lifestyle, but what can you do to calm existing break-outs? Inlight's Acn-easy Propolix & Tea Tree Antiseptic Balm is your go-to acne SOS. 100% organic, the formula is highly anti-inflammatory and antiseptic and also contains botanical ingredients that are anti-bacterial and anti-viral, so the Inlight balm formula fights your break-out on every front.

£11.45, www.inlight-online.co.uk

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